
Monthly Newsletter

September 2025



Hello **ms life** community!

Our September newsletter is all about the **ms life** Community Shop.

The Community Shop is more than just a collection of products - it's a carefully curated resource designed to make life with MS a little easier, healthier, and more comfortable. Each item has been chosen because it supports real needs in our community. At **ms life**, we will continue to reach out and explore potential collaborations with companies surrounding products that fit our communities needs and we would love to hear your suggestions. If you have any recommendations, please reach out to us at mslifecommunity@gmail.com.

As always, when you shop through our links, you'll receive a discount while supporting our community.

ms life T-Shirt

Before we discuss our our affiliated partners, we wanted to shoutout our own **ms life** branded t-shirt. It's soft, comfortable, and wearable for everywhere.

Why it matters: Wearing ms life shirts isn't just about showing support - it's about spreading awareness, building connection, and starting conversations. Every purchase also fuels ms life events and resources. It's an easy way to show pride while keeping our mission visible everywhere you go.

The current companies we have partnerships with include:

ThermApparel

ThermApparel provides all sorts of products that focus on lightweight, discreet cooling vests engineered to help regulate core body temperature without bulk. They also provide reusable hot/cold therapy packs that mold to your body (neck, joints, back, etc.).

Why it helps: For many with MS, even modest heat can trigger fatigue, weakness, or flare-ups. Cooling vests or products can help you stay more comfortable, extend time outdoors or in warm environments, and reduce the risk of overheating. Their vests are designed to fit under your clothes, so you can manage heat while still looking and feeling like yourself.

Cadense (Adaptive Shoes)

Cadense shoes are designed to help people with walking challenges move more safely and confidently. Their innovative soles use "variable friction" technology, allowing you to glide over obstacles while maintaining stable stopping power. Lightweight, comfortable, and stylish, these shoes are perfect for everyday use, giving you more freedom and independence in your mobility.

Why it helps: Walking safely and confidently can be difficult with uneven ground, rugs, or thresholds. Cadense helps smooth over those challenges - supporting foot drop, mild balance issues, or general walking fatigue. They're also stylish and built for everyday wear, so you don't have to sacrifice comfort for function.



[Click here to buy an ms life t-shirt today!](#)



ms life

Sign up today and be a part of the
ms life community
www.mslifecommunity.com

👤 Renpho

Renpho offers a range of wellness and recovery tools, including smart scales, massage devices, and circulation aids, designed to help you stay on top of your health from home.

Why it helps: Tracking metrics like weight and body composition can help you manage symptoms and lifestyle more effectively, while massage and circulation devices relieve muscle tension, soreness, and stiffness. Renpho products are easy to use, bringing simple, effective self-care and recovery into your daily routine - helping you feel stronger, more mobile, and supported every day.

🍇 Elderberry Co.

Elderberry Co. creates handcrafted syrups and gummies packed with natural immune-support ingredients.

Why it helps: Immune health is especially important for people with MS, particularly during seasonal changes. Elderberry's antioxidant properties provide a natural boost to help support your body's defenses. Delicious and easy to incorporate into your daily routine, Elderberry Co. makes wellness simple and tasty.

💧 ThermoFlask

ThermoFlask offers high-quality insulated bottles that keep drinks hot or cold for hours.

Why it helps: For people with MS, staying hydrated isn't just about wellness - it can reduce fatigue, support temperature regulation, and help manage symptoms. Heat sensitivity or symptoms can make it difficult to drink enough throughout the day. ThermoFlask bottles maintain your beverage at the ideal temperature, making hydration effortless. Durable, portable, and stylish, they're perfect for the gym, errands, or relaxing at home.

🦶 Incrediwear

Incrediwear provides wearable sleeves, socks, and braces designed to improve circulation and reduce inflammation.

Why it helps: Swelling, soreness, and circulation challenges are common for people with MS. Unlike tight compression, Incrediwear's fabrics gently stimulate circulation to relieve pain and stiffness naturally. Comfortable and versatile, their products can be worn daily without restricting movement, helping you stay active and supported.

🚲 Alinker Walking Bike

The Alinker is a non-motorized walking bike that allows you to stay upright while moving safely and independently.

Why it helps: Walking long distances or standing for periods can be difficult, but the Alinker provides mobility without pressure on joints, helping you stay socially engaged and active. It's a game-changer for independence, giving you freedom to move farther and maintain confidence in your daily activities. I encourage you to read up on customer testimonials including Selma Blair.

Regardless if you have MS or not, these stores and products are awesome. There's no denying that. Check out our Community Shop and let us know what you think. Don't forget to use the ms life links to receive a discount! As always, please reach out to mslifecommunity@gmail.com and check us out on Instagram: [@mslife.community](https://www.instagram.com/mslife.community).

The ms life community

